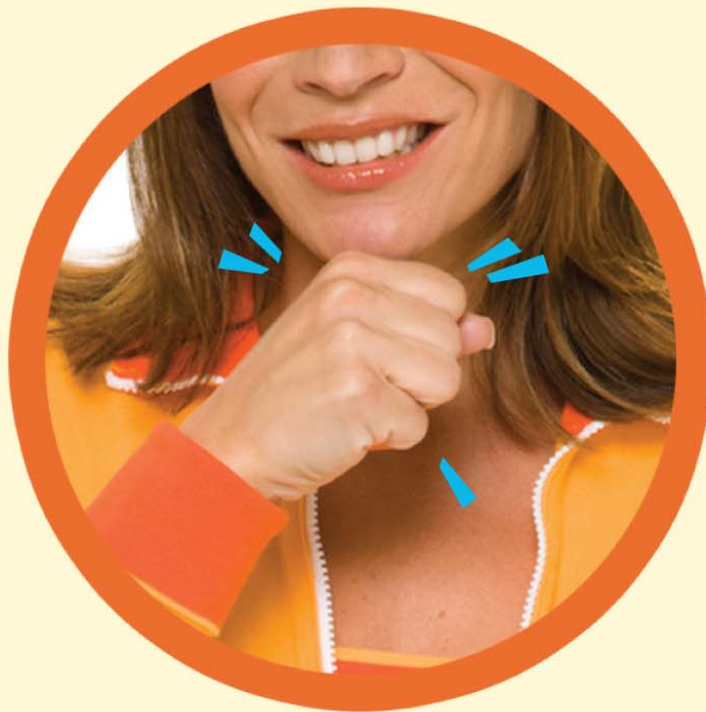


orange

6



Squeeze your fist in front of your chin a few times.



orange