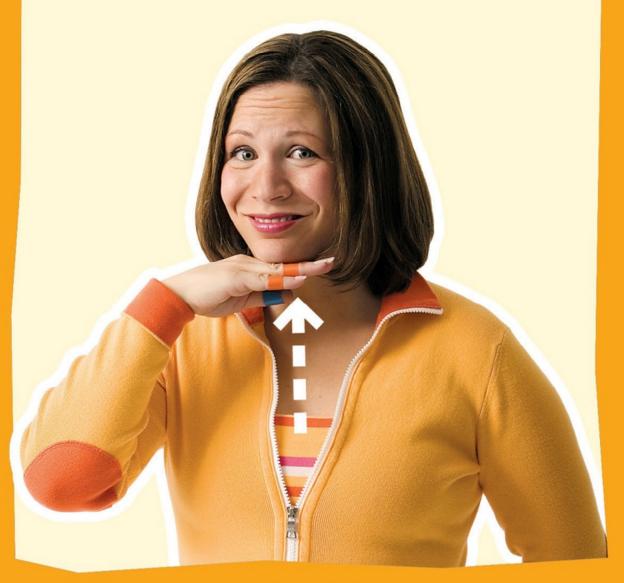




Raise the back side of your flat hand up under your chin to show that you're full.



full